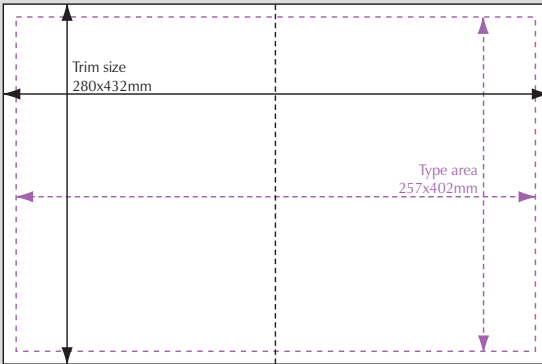


# Mechanical data

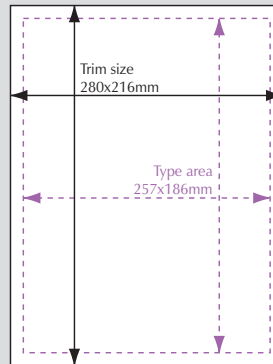
## DOUBLE PAGE SPREAD (only accepted if supplied as 2 single pages)



Bleed 286x438mm

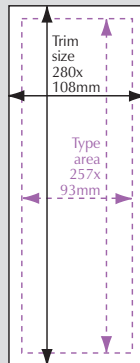
Double page spreads only accepted if supplied as 2 single pages (see diagram above)

## FULL PAGE



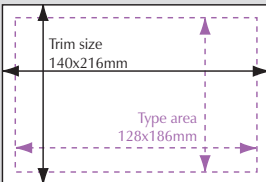
Bleed 286x219mm

## HALF PAGE VERTICAL



Bleed 286x108mm  
add on extra 3mm if bled  
on fore-edge

## HALF PAGE HORIZONTAL



Bleed 140x219mm

- **Artwork to be supplied on email or CD as follows:**

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